



STATE HEALTH PLANNING AND DEVELOPMENT AGENCY

100 NORTH UNION STREET, SUITE 870  
MONTGOMERY, ALABAMA 36104

July 28, 2009

Honorable Bob Riley, Governor  
State of Alabama  
State Capitol  
Montgomery, Alabama 36130

Dear Governor Riley:

The Statewide Health Coordinating Council (SHCC) at the July 23, 2009 meeting adopted the attached adjustment for the addition of (4) four in-patient rehabilitation beds in Region I. The adjustment, upon your approval, will be added to § 410-2-4-.08 of the 2004-2007 *State Health Plan*.

You have the approval/disapproval authority for the *State Health Plan* and all amendments/adjustments thereto. I recommend your approval.

Call me at 242-4103 if you have questions about this proposed adjustment.

Sincerely,

Alva M. Lambert  
Executive Director

Attachment: as stated

APPROVED: Bob Riley  
Gov. Bob Riley

Date 8/6/09

DISAPPROVED: \_\_\_\_\_  
Gov. Bob Riley

Date \_\_\_\_\_

410-2-4-.08 **Inpatient Physical Rehabilitation**

(1) **Definition.** Inpatient physical rehabilitation services are those designed to be provided on an integrated basis by a multidisciplinary rehabilitation team to restore the disabled individual to the highest physical usefulness of which he is capable. These services may be provided in a distinct part unit of a hospital, as defined in the Medicare and Medicaid Guidelines, or in a free-standing rehabilitation hospital.

(2) **General.** Rehabilitation can be viewed as the third phase of the medical care continuum, with the first being the prevention of illness, the second, the actual treatment of disease, and the third, rehabilitation or a constructive system of treatment designed to enable individuals to attain their highest degree of functioning. In many cases, all three phases can occur simultaneously. For the purposes of this section of the State Health Plan, only the need and inventory of inpatient rehabilitation facilities will be addressed.

(3) **Need Determination.** The Statewide Health Coordinating Council (SHCC) has determined that there is a need for 12 rehabilitation beds per 100,000 population for each region (see Table I).

(4) **Planning Policies**

(a) **Planning Policy**

Regional occupancy for the most recent reporting year should be at least 75% before the SHCC gives consideration to any requests for plan adjustments for additional bed capacity.

(b) **Planning Policy**

Conversion of existing hospital beds to rehabilitation beds should be given priority consideration over new construction when the conversion is significantly less costly and the existing structure can meet licensure and certification requirements.

(5) **Accessibility-Distribution.** Inpatient Rehabilitation services appear to be well distributed in the most populous regions of Alabama. The SHCC, through the adjustment process in July of 2009, recognized the need for 4 additional rehabilitation beds to be located in Region I. Future consideration should be given to locating a unit in Dallas County to serve the western counties of Region V.

Author: Statewide Health Coordinating Council (SHCC).

Statutory Authority: § 22-21-260(4), Code of Alabama, 1975.

History: Effective November 22, 2004, Adjusted September 2, 2005, Amended August 4, 2006, Statistical Update September 24, 2008, Adjusted August 10, 2009